



CENTRAL OFFICE
Menu Plan Weighted Average

Food Services, Inc.

Menu Plans Analyzed

Schedule Date	Serving Period	Menu ID	Menu Description
	Lunch	2476	TMS 556-1 2011
	Lunch	2478	TMS 556-2 2011
	Lunch	2480	TMS 556-3 2011
	Lunch	2482	TMS 556-4 2011
	Lunch	2484	TMS 556-5 2011

REPORT CRITERIA:



CENTRAL OFFICE
Scheduled Menu Plans

CO CENTRAL OFFICE

Serving Period: Lunch

Serving Line: 5 Day TMS HD

Base Menu Plan: 2,476 **TMS 556-1 2011**

Stock Number	Description	Serving Size	Measure
G391	Sun Meadow Dairy Beverage	1	Carton
B99A	Hamburger Bun, Wrapped	1	1 EA
G255	Marg reddies saltfree	1	Pat
D301	Juice blend (4oz)	1	4 ounces
FM 508	BBQ Pork Riblet	1	1 each

Serving Period: Lunch

Serving Line: 5 Day TMS HD

Base Menu Plan: 2,478 **TMS 556-2 2011**

Stock Number	Description	Serving Size	Measure
G391	Sun Meadow Dairy Beverage	1	Carton
FM 720	Western Style Omelet	1	1 each
G072	Bread whole grain	1	Slice
G255	Marg reddies saltfree	2	Pat
F270B	Oatmeal pc	1	Packet
D351	Juice orange (4oz)	1	4 ounces

Serving Period: Lunch

Serving Line: 5 Day TMS HD

Base Menu Plan: 2,480 **TMS 556-3 2011**

Stock Number	Description	Serving Size	Measure
FM 610	Baked Fish,Lemon Dill Sauce	1	1 each
G391	Sun Meadow Dairy Beverage	1	Carton
G255	Marg reddies saltfree	1	Pat
D119	Cookies peanut butter 1.1 oz	1	Cookie
D371	Juice pineapple (4oz)	1	4 ounce
G072	Bread whole grain	1	Slice

Serving Period: Lunch

Serving Line: 5 Day TMS HD

Base Menu Plan: 2,482 **TMS 556-4 2011**

Stock Number	Description	Serving Size	Measure
FM 310	Swedish Meatballs,Carrots,Broc	1	1 each
G391	Sun Meadow Dairy Beverage	1	Carton
G255	Marg reddies saltfree	1	Pat
F900	Mixed Fruit Cup 4oz.	1	4.0 ounce
G050	Bread rye	1	1 slice
D291	Juice apple (4oz)	1	4 ounces



CENTRAL OFFICE
Scheduled Menu Plans

Serving Period: Lunch

Serving Line: 5 Day TMS HD

Base Menu Plan: 2,484 **TMS 556-5 2011**

Stock Number	Description	Serving Size	Measure
FM 415	Baked chicken Quarter	1	1 each
G391	Sun Meadow Dairy Beverage	1	Carton
G255	Marg reddles saltfree	2	Pat
D161	Cracker graham .49 oz 2pk	1	1 Pkg
G072	Bread whole grain	1	Slice
D371	Juice pineapple (4oz)	1	4 ounce

Report Criteria:

Notes:

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



CENTRAL OFFICE

Menu Plan Weighted Average

Site: CO CENTRAL OFFICE
Serving Line: 556 Series 5 Day TMS

Nutrient Table: Males 70+ DRI/RDA
Age Group: Male 70+ RDA/DRI
Serving Period: Lunch

NOTE: USDA nutrient standards are calculated as 1/3 of DRI/ RDA for Lunch.

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Food Energy	kcal	685.0000	742.7447		108.4299	57.7447	*
Protein	g	19.0000	38.9256	20.9631	204.8716	19.9256	*
Carbohydrate	g	N/A	101.6514	54.7437	N/A	101.6514	*
Total Fat	g	30.0000	21.6112	26.1868	87.2892	-3.1470	*
Saturated Fat	g	10.0000	5.2643	6.3789	63.7887	-2.9884	*
Total Trans	g	N/A	0.1571		N/A	0.1571	*
Cholesterol	mg	N/A	113.9677		N/A	113.9677	*
Sodium	mg	800.0000	637.2566		79.6571	-162.7434	*
Potassium, K	mg	1,566.000	1,555.1910		99.3098	-10.8090	*
Vitamin A, RAE	mcg_RAE	300.0000	491.5318		163.8439	191.5318	*
Vitamin C	mg	30.0000	83.7834		279.2780	53.7834	*
Calcium	mg	400.0000	665.0014		166.2504	265.0014	*
Vitamin D	IU	5.0000	124.3627		2,487.254	119.3627	*
Thiamin	mg	0.4000	0.5892		147.3000	0.1892	*
Riboflavin	mg	0.4330	0.7388		170.6236	0.3058	*
Niacin	mg	5.3000	7.2532		136.8528	1.9532	*
Vitamin B-6	mg	0.5660	0.9979		176.3074	0.4319	*
Folate, total	mcg	133.0000	171.5053		128.9514	38.5053	*
Vitamin B-12	mcg	0.8000	2.0074		250.9250	1.2074	*
Magnesium, Mg	mg	140.0000	152.5162		108.9401	12.5162	*
Zinc, Zn	mg	3.6000	4.1913		116.4250	0.5913	*
Total Dietary Fiber	g	10.0000	11.6018		116.0180	1.6018	*

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i = Item out of compliance with standard



CENTRAL OFFICE

Scheduled Menu Nutrition Analysis

Food Services, Inc.

Site: CO CENTRAL OFFICE

Serving Period: Lunch

Menu: 2476 TMS 556-1 2011

Nutrient Table: Males 70+ DRI/RDA

Age Group: Male 70+ RDA/DRI

Serving Period: Lunch

NOTE: USDA nutrient standards are calculated as 1/3 of DRI/RDA for Lunch.

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Energy	kcal	685.0000	733.2536		107.0443	48.2536	*
Protein	g	19.0000	35.6384	19.4412	187.5705	16.6384	*
Carbohydrate, by difference	g	95.0000	98.7640	53.8771	103.9621	3.7640	*
Total lipid (fat)	g	30.0000	23.0239	28.2597	94.1989	-1.4179	*
Fatty acids, total saturated	g	10.0000	6.9831	8.5711	85.7110	-1.1642	*
Sodium, Na	mg	800.0000	764.7989		95.5999	-35.2011	*
Potassium, K	mg	1566.0000	1604.5124		102.450	102.45	*
Vitamin A, RAE	mcg_RAE	300.0000	206.8377		68.9459	-93.1623	*
Vitamin C, total ascorbic acid	mg	30.0000	54.7563		182.5210	24.7563	*
Calcium, Ca	mg	400.0000	527.0289		131.7572	127.0289	*
Vitamin D	IU	5.0000	117.5661		2351.3220	112.5661	*
Thiamin	mg	0.4000	0.8153		203.8250	0.4153	*
Riboflavin	mg	0.4330	0.6657		153.7413	0.2327	*
Niacin	mg	5.3000	5.7030		107.6038	0.4030	*
Vitamin B-6	mg	0.5660	1.4106		249.2226	0.8446	*
Folate, total	mcg	133.0000	195.5486		147.0290	62.5486	*
Vitamin B-12	mcg	0.8000	2.1250		265.6250	1.3250	*
Magnesium, Mg	mg	140.0000	142.4143		101.7245	2.4143	*
Zinc, Zn	mg	3.6000	5.8714		163.0944	2.2714	*
Fiber, total dietary	g	10.0000	10.0616		100.6160	0.0616	*

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A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



CENTRAL OFFICE
Scheduled Menu Nutrition Analysis

Site: CO CENTRAL OFFICE

Serving Period: Lunch

Menu: 2478 TMS 556-2 2011

Nutrient Table: Males 70+ DRI/RDA

Age Group: Male 70+ RDA/DRI

Serving Period: Lunch

NOTE: USDA nutrient standards are calculated as 1/3 of DRI/RDA for Lunch.

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Energy	kcal	685.0000	760.6365		111.0418	75.6365	*
Protein	g	19.0000	36.0560	18.9610	189.7684	17.0560	*
Carbohydrate, by difference	g	95.0000	109.5904	57.6309	115.3583	14.5904	*
Total lipid (fat)	g	30.0000	22.7371	26.9030	89.6766	-2.6174	*
Fatty acids, total saturated	g	10.0000	6.7722	8.0130	80.1300	-1.6793	*
Sodium, Na	mg	800.0000	636.0377		79.5047	-163.9623	*
Potassium, K	mg	1566.0000	1538.6450		98.2532	-27.3550	*
Vitamin A, RAE	mcg_RAE	300.0000	216.1183		72.0394	-83.8817	*
Vitamin C, total ascorbic acid	mg	30.0000	96.3537		321.1790	66.3537	*
Calcium, Ca	mg	400.0000	802.7545		200.6886	402.7545	*
Vitamin D	IU	5.0000	117.5661		2351.3220	112.5661	*
Thiamin	mg	0.4000	0.5977		149.4250	0.1977	*
Riboflavin	mg	0.4330	0.8057		186.0739	0.3727	*
Niacin	mg	5.3000	6.8378		129.0151	1.5378	*
Vitamin B-6	mg	0.5660	0.9717		171.6784	0.4057	*
Folate, total	mcg	133.0000	196.9571		148.0880	63.9571	*
Vitamin B-12	mcg	0.8000	1.3140		164.2500	0.5140	*
Magnesium, Mg	mg	140.0000	162.6532		116.1809	22.6532	*
Zinc, Zn	mg	3.6000	2.9580		82.1667	-0.6420	*
Fiber, total dietary	g	10.0000	13.4875		134.8750	3.4875	*

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CENTRAL OFFICE

Scheduled Menu Nutrition Analysis

Food Services, Inc.

Site: CO CENTRAL OFFICE

Serving Period: Lunch

Menu: 2480 TMS 556-3 2011

Nutrient Table: Males 70+ DRI/RDA

Age Group: Male 70+ RDA/DRI

Serving Period: Lunch

NOTE: USDA nutrient standards are calculated as 1/3 of DRI/RDA for Lunch.

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Energy	Kcal	685.0000	770.5368		112.4871	85.5368	*
Protein	g	19.0000	48.9536	25.4127	257.6505	29.9536	*
Carbohydrate, by difference	g	95.0000	104.5711	54.2848	110.0748	9.5711	*
Total lipid (fat)	g	30.0000	18.6991	21.8409	72.8029	-6.9855	*
Fatty acids, total saturated	g	10.0000	3.2961	3.8499	38.4990	-5.2654	*
Sodium, Na	mg	800.0000	545.6845		68.2106	-254.3155	*
Potassium, K	mg	1566.0000	1751.4874		111.8447	185.4874	*
Vitamin A, RAE	mcg_RAE	300.0000	268.5709		89.5236	-31.4291	*
Vitamin C, total ascorbic acid	mg	30.0000	49.7070		165.6900	19.7070	*
Calcium, Ca	mg	400.0000	749.3941		187.3485	349.3941	*
Vitamin D	IU	5.0000	136.5491		2730.9820	131.5491	*
Thiamin	mg	0.4000	0.5738		143.4500	0.1738	*
Riboflavin	mg	0.4330	0.7580		175.0577	0.3250	*
Niacin	mg	5.3000	8.0930		152.6981	2.7930	*
Vitamin B-6	mg	0.5660	1.1423		201.8198	0.5763	*
Folate, total	mcg	133.0000	169.4373		127.3965	36.4373	*
Vitamin B-12	mcg	0.8000	2.7528		344.1000	1.9528	*
Magnesium, Mg	mg	140.0000	210.3602		150.2573	70.3602	*
Zinc, Zn	mg	3.6000	3.1471		87.4194	-0.4529	*
Fiber, total dietary	g	10.0000	11.2229		112.2290	1.2229	*

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CENTRAL OFFICE

Scheduled Menu Nutrition Analysis

Food Services, Inc.

Site: CO CENTRAL OFFICE

Serving Period: Lunch

Menu: 2482 TMS 556-4 2011

Nutrient Table: Males 70+ DRI/RDA

Age Group: Male 70+ RDA/DRI

Serving Period: Lunch

NOTE: USDA nutrient standards are calculated as 1/3 of DRI/RDA for Lunch.

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Energy	kcal	685.0000	676.0851		98.6986	-8.9149	*
Protein	g	19.0000	32.8937	19.4613	173.1247	13.8937	*
Carbohydrate, by difference	g	95.0000	90.5642	53.5815	95.3307	-4.4358	*
Total lipid (fat)	g	30.0000	20.2871	27.0061	90.0202	-2.2491	*
Fatty acids, total saturated	g	10.0000	4.9638	6.6078	66.0778	-2.5483	*
Sodium, Na	mg	800.0000	708.4953		88.5619	-91.5047	*
Potassium, K	mg	1566.0000	1503.8596		96.0319	-62.1404	*
Vitamin A, RAE	mcg_RAE	300.0000	816.1195		272.0398	516.1195	*
Vitamin C, total ascorbic acid	mg	30.0000	160.9867		536.6223	130.9867	*
Calcium, Ca	mg	400.0000	579.4636		144.8659	179.4636	*
Vitamin D	IU	5.0000	117.5661		2351.3220	112.5661	*
Thiamin	mg	0.4000	0.4943		123.5750	0.0943	*
Riboflavin	mg	0.4330	0.6989		161.4088	0.2659	*
Niacin	mg	5.3000	6.7895		128.1038	1.4895	*
Vitamin B-6	mg	0.5660	0.7003		123.7279	0.1343	*
Folate, total	mcg	133.0000	207.5017		156.0163	74.5017	*
Vitamin B-12	mcg	0.8000	2.2760		284.5000	1.4760	*
Magnesium, Mg	mg	140.0000	119.4131		85.2951	-20.5869	*
Zinc, Zn	mg	3.6000	4.1900		116.3889	0.5900	*
Fiber, total dietary	g	10.0000	9.7121		97.1210	-0.2879	*

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CENTRAL OFFICE

Scheduled Menu Nutrition Analysis

Food Services, Inc.

Site: CO CENTRAL OFFICE

Serving Period: Lunch

Menu: 2484 TMS 556-5 2011

Nutrient Table: Males 70+ DRI/RDA

Age Group: Male 70+ RDA/DRI

Serving Period: Lunch

NOTE: USDA nutrient standards are calculated as 1/3 of DRI/RDA for Lunch.

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Energy	kcal	685.0000	785.0402		114.6044	100.0402	*
Protein	g	19.0000	44.2784	22.5611	233.0442	25.2784	*
Carbohydrate, by difference	g	95.0000	105.5828	53.7974	111.1398	10.5828	*
Total lipid (fat)	g	30.0000	22.3034	25.5695	85.2316	-3.8646	*
Fatty acids, total saturated	g	10.0000	3.6401	4.1731	41.7315	-5.0826	*
Sodium, Na	mg	800.0000	432.9079		54.1135	-367.0921	*
Potassium, K	mg	1566.0000	1550.8311		99.0314	-15.1689	*
Vitamin A, RAE	mcg_RAE	300.0000	907.6849		302.5616	607.6849	*
Vitamin C, total ascorbic acid	mg	30.0000	32.4217		108.0723	2.4217	*
Calcium, Ca	mg	400.0000	674.5736		168.6434	274.5736	*
Vitamin D	IU	5.0000	132.5661		2651.3220	127.5661	*
Thiamin	mg	0.4000	0.4689		117.2250	0.0689	*
Riboflavin	mg	0.4330	0.7876		181.8938	0.3546	*
Niacin	mg	5.3000	8.0496		151.8792	2.7496	*
Vitamin B-6	mg	0.5660	1.0835		191.4311	0.5175	*
Folate, total	mcg	133.0000	139.6607		105.0080	6.6607	*
Vitamin B-12	mcg	0.8000	1.5690		196.1250	0.7690	*
Magnesium, Mg	mg	140.0000	176.7020		126.2157	36.7020	*
Zinc, Zn	mg	3.6000	4.9136		136.4889	1.3136	*
Fiber, total dietary	g	10.0000	12.8228		128.2280	2.8228	*

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