



CENTRAL OFFICE
Menu Plan Weighted Average

Food Services, Inc.

Menu Plans Analyzed

Schedule Date	Serving Period	Menu ID	Menu Description
	Lunch	2542	TMS 755-1 2011
	Lunch	2544	TMS 755-2 2011
	Lunch	2546	TMS 755-3 2011
	Lunch	2548	TMS 755-4 2011
	Lunch	2550	TMS 755-5 2011
	Lunch	2552	TMS 755-6 2011
	Lunch	2554	TMS 755-7 2011

REPORT CRITERIA:

Notes:



CENTRAL OFFICE
Scheduled Menu Plans

CO CENTRAL OFFICE

Serving Period: Lunch

Serving Line: 7 Day TMS

Base Menu Plan: 2,542 TMS 755-1 2011

Stock Number	Description	Serving Size	Measure
G391	Sun meadow dairy beverage	1	Carton
G072	Bread whole grain	1	1 EA
G255	Marg reddies saltfree	1	Pat
FM 520	Pork Chop patty, Classic Sauce	1	1 each
D361	Juice orange/pineapple (4oz)	1	4 ounces

Serving Period: Lunch

Serving Line: 7 Day TMS

Base Menu Plan: 2,544 TMS 755-2 2011

Stock Number	Description	Serving Size	Measure
SW W835	Chicken Cordon Bleu/ Whole Gr	1	1 ea
F905	Applesauce Cup 4oz.	4	Ounce
G391	Sun meadow dairy beverage	1	Carton
SO(N305)	TOMATO SOUP	6	Ounce
D371	Juice pineapple (4oz)	1	4 ounce
D124	Crackers animal 1 oz	1	Package
F251	Pc mayonnaise	1	each

Serving Period: Lunch

Serving Line: 7 Day TMS

Base Menu Plan: 2,546 TMS 755-3 2011

Stock Number	Description	Serving Size	Measure
FM 605	Crab Quiche,Diced Pot,Grn Bns	1	1 each
G391	Sun meadow dairy beverage	1	Carton
D351	Juice orange (4oz)	1	4 ounces
G255	Marg reddies saltfree	1	Pat
B97A	Whole Grain Roll	1	1 EA

Serving Period: Lunch

Serving Line: 7 Day TMS

Base Menu Plan: 2,548 TMS 755-4 2011

Stock Number	Description	Serving Size	Measure
FM 320	Chp. Steak,Gravy,Potatoes,Peas	1	1 each
G255	Marg reddies saltfree	1	Pat
G391	Sun meadow dairy beverage	1	Carton
G072	Bread whole grain	1	Slice
D351	Juice orange (4oz)	1	4 ounces

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



CENTRAL OFFICE
Scheduled Menu Plans

Serving Period: Lunch

Serving Line: 7 Day TMS

Base Menu Plan: 2,550 **TMS 755-5 2011**

Stock Number	Description	Serving Size	Measure
FM 710	Huevos Rancheros	1	1 each
G391	Sun meadow dairy beverage	1	Carton
G072	Bread whole grain	1	Slice
D361	Juice orange/pine (4oz)	1	4 ounces
G255	Marg reddies saltfree	1	Pat

Serving Period: Lunch

Serving Line: 7 Day TMS

Base Menu Plan: 2,552 **TMS 755-6 2011**

Stock Number	Description	Serving Size	Measure
FM 310	Swedish Meatballs, Carrots, Broc	1	1 each
G391	Sun meadow dairy beverage	1	Carton
G255	Marg reddies saltfree	1	Pat
F900	Mixed Fruit Cup 4oz.	1	4.0 ounce
G050	Bread rye	1	1 slice
D291	Juice apple (4oz)	1	4 ounces

Serving Period: Lunch

Serving Line: 7 Day TMS

Base Menu Plan: 2,554 **TMS 755-7 2011**

Stock Number	Description	Serving Size	Measure
FM 402	Chicken Parmesan	1	1 each
G391	Sun meadow dairy beverage	1	Carton
D351	Juice orange (4oz)	1	4 ounces
G072	Bread whole grain	1	Slice

Report Criteria:

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



CENTRAL OFFICE

Menu Plan Weighted Average

Site: CO CENTRAL OFFICE

Nutrient Table: Males 70+ DRI/RDA

Serving Line: 755 Series 7 Day TMS

Age Group: Male 70+ RDA/DRI

Serving Period: Lunch

NOTE: USDA nutrient standards are calculated as 1/4 of RDA for Breakfast and 1/3 of RDA for Lunch.

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Food Energy	kcal	685.0000	726.1192		106.0028	41.1192	*
Protein	g	19.0000	40.4137	22.2628	212.7037	21.4137	*
Carbohydrate	g	N/A	95.6687	52.7014	N/A	95.6687	*
Total Fat	g	30.0000	21.5272	26.6822	88.9408	-2.6768	*
Saturated Fat	g	10.0000	6.1614	7.6368	76.3685	-1.9066	*
Total Trans	g	N/A	0.2302		N/A	0.2302	*
Cholesterol	mg	N/A	123.4565		N/A	123.4565	*
Sodium	mg	800.0000	714.9007		89.3626	-85.0993	*
Potassium, K	mg	1,566.000	1,684.2861		107.5534	118.2861	*
Vitamin A, RAE	mcg_RAE	300.0000	438.5388		146.1796	138.5388	*
Vitamin C	mg	30.0000	96.5345		321.7817	66.5345	*
Calcium	mg	400.0000	774.4539		193.6135	374.4539	*
Vitamin D	IU	5.0000	141.8274		2,836.548	136.8274	*
Thiamin	mg	0.4000	0.5741		143.5250	0.1741	*
Riboflavin	mg	0.4330	0.8060		186.1432	0.3730	*
Niacin	mg	5.3000	6.3939		120.6396	1.0939	*
Vitamin B-6	mg	0.5660	0.8674		153.2509	0.3014	*
Folate, total	mcg	133.0000	157.3430		118.3030	24.3430	*
Vitamin B-12	mcg	0.8000	2.1824		272.8000	1.3824	*
Magnesium, Mg	mg	140.0000	153.9380		109.9557	13.9380	*
Zinc, Zn	mg	3.6000	4.1808		116.1333	0.5808	*
Total Dietary Fiber	g	10.0000	12.1518		121.5180	2.1518	*

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent. i = Item out of compliance with standard



CENTRAL OFFICE

Scheduled Menu Nutrition Analysis

Food Services, Inc.

Site: CO CENTRAL OFFICE

Serving Period: Lunch

Menu: 2542 TMS 755-1 2011

Nutrient Table: Males 70+ DRI/RDA

Age Group: Male 70+ RDA/DRI

Serving Period: Lunch

NOTE: USDA nutrient standards are calculated as 1/3 of DRI/RDA for Lunch.

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Energy	kcal	685.0000	680.4318		99.3331	-4.5682	*
Protein	g	19.0000	41.9140	24.6396	220.6000	22.9140	*
Carbohydrate, by difference	g	95.0000	85.0736	50.0115	89.5512	-9.9264	*
Total lipid (fat)	g	30.0000	20.4133	27.0005	90.0015	-2.2678	*
Fatty acids, total saturated	g	10.0000	6.0026	7.9396	79.3958	-1.5578	*
Sodium, Na	mg	800.0000	785.6065		98.2008	-14.3935	*
Potassium, K	mg	1566.0000	1932.5897		123.4093	366.5897	*
Vitamin A, RAE	mcg_RAE	300.0000	711.8427		237.2809	411.8427	*
Vitamin C, total ascorbic acid	mg	30.0000	86.4149		288.0497	56.4149	*
Calcium, Ca	mg	400.0000	835.7606		208.9402	435.7606	*
Vitamin D	IU	5.0000	167.5661		3351.3220	162.5661	*
Thiamin	mg	0.4000	0.8846		221.1500	0.4846	*
Riboflavin	mg	0.4330	0.7719		178.2679	0.3389	*
Niacin	mg	5.3000	5.0477		95.2396	-0.2523	*
Vitamin B-6	mg	0.5660	1.0480		185.1590	0.4820	*
Folate, total	mcg	133.0000	143.0619		107.5653	10.0619	*
Vitamin B-12	mcg	0.8000	1.8486		231.0750	1.0486	*
Magnesium, Mg	mg	140.0000	164.1511		117.2508	24.1511	*
Zinc, Zn	mg	3.6000	4.2581		118.2806	0.6581	*
Fiber, total dietary	g	10.0000	13.0697		130.6970	3.0697	*

I = Item out of compliance with standard

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CENTRAL OFFICE

Scheduled Menu Nutrition Analysis

Food Services, Inc.

Site: CO CENTRAL OFFICE

Serving Period: Lunch

Menu: 2544 TMS 755-2 2011

Nutrient Table: Males 70+ DRI/RDA

Age Group: Male 70+ RDA/DRI

Serving Period: Lunch

NOTE: USDA nutrient standards are calculated as 1/3 of DRI/RDA for Lunch.

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Energy	Kcal	685.0000	783.6751		114.4051	98.6751	*
Protein	g	19.0000	42.0967	21.4868	221.5616	23.0967	*
Carbohydrate, by difference	g	95.0000	110.8950	56.6025	116.7316	15.8950	*
Total lipid (fat)	g	30.0000	19.7890	22.7264	75.7546	-6.3335	*
Fatty acids, total saturated	g	10.0000	6.7663	7.7707	77.7066	-1.9412	*
Sodium, Na	mg	800.0000	590.8986		73.8623	-209.1014	*
Potassium, K	mg	1566.0000	1518.1406		96.9438	-47.8594	*
Vitamin A, RAE	mcg_RAE	300.0000	180.1586		60.0529	-119.8414	*
Vitamin C, total ascorbic acid	mg	30.0000	50.4771		168.2570	20.4771	*
Calcium, Ca	mg	400.0000	708.2402		177.0600	308.2402	*
Vitamin D	IU	5.0000	102.5661		2051.3220	97.5661	*
Thiamin	mg	0.4000	0.5847		146.1750	0.1847	*
Riboflavin	mg	0.4330	0.7686		177.5058	0.3356	*
Niacin	mg	5.3000	10.5073		198.2509	5.2073	*
Vitamin B-6	mg	0.5660	1.2764		225.5124	0.7104	*
Folate, total	mcg	133.0000	153.9457		115.7486	20.9457	*
Vitamin B-12	mcg	0.8000	2.0697		258.7125	1.2697	*
Magnesium, Mg	mg	140.0000	144.9027		103.5019	4.9027	*
Zinc, Zn	mg	3.6000	4.6991		130.5306	1.0991	*
Fiber, total dietary	g	10.0000	10.9324		109.3240	0.9324	*

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CENTRAL OFFICE

Scheduled Menu Nutrition Analysis

Site: CO CENTRAL OFFICE

Serving Period: Lunch

Menu: 2546 TMS 755-3 2011

Nutrient Table: Males 70+ DRI/RDA

Age Group: Male 70+ RDA/DRI

Serving Period: Lunch

NOTE: USDA nutrient standards are calculated as 1/3 of DRI/RDA for Lunch.

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Energy	kcal	685.0000	689.6986		100.6859	4.6986	*
Protein	g	19.0000	40.2761	23.3587	211.9795	21.2761	*
Carbohydrate, by difference	g	95.0000	89.2560	51.7652	93.9537	-5.7440	*
Total lipid (fat)	g	30.0000	20.5457	26.8105	89.3682	-2.4443	*
Fatty acids, total saturated	g	10.0000	4.7473	6.1948	61.9484	-2.9160	*
Sodium, Na	mg	800.0000	733.0526		91.6316	-66.9474	*
Potassium, K	mg	1566.0000	1922.4490		122.7617	356.4490	*
Vitamin A, RAE	mcg_RAE	300.0000	389.7136		129.9045	89.7136	*
Vitamin C, total ascorbic acid	mg	30.0000	103.0884		343.6280	73.0884	*
Calcium, Ca	mg	400.0000	961.0322		240.2580	561.0322	*
Vitamin D	IU	5.0000	151.2594		3025.1880	146.2594	*
Thiamin	mg	0.4000	0.4131		103.2750	0.0131	*
Riboflavin	mg	0.4330	0.7076		163.4180	0.2746	*
Niacin	mg	5.3000	3.7906		71.5208	-1.5094	*
Vitamin B-6	mg	0.5660	0.6203		109.5936	0.0543	*
Folate, total	mcg	133.0000	147.8701		111.1805	14.8701	*
Vitamin B-12	mcg	0.8000	1.7385		217.3125	0.9385	*
Magnesium, Mg	mg	140.0000	162.8089		116.2921	22.8089	*
Zinc, Zn	mg	3.6000	2.6615		73.9306	-0.9385	*
Fiber, total dietary	g	10.0000	13.1168		131.1680	3.1168	*

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CENTRAL OFFICE

Scheduled Menu Nutrition Analysis

Food Services, Inc.

Site: CO CENTRAL OFFICE

Serving Period: Lunch

Menu: 2548 TMS 755-4 2011

Nutrient Table: Males 70+ DRI/RDA

Age Group: Male 70+ RDA/DRI

Serving Period: Lunch

NOTE: USDA nutrient standards are calculated as 1/3 of DRI/RDA for Lunch.

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Energy	kcal	685.0000	724.1991		105.7225	39.1991	*
Protein	g	19.0000	42.8561	23.6709	225.5584	23.8561	*
Carbohydrate, by difference	g	95.0000	93.9516	51.8927	98.8964	-1.0484	*
Total lipid (fat)	g	30.0000	21.3298	26.5077	88.3589	-2.8102	*
Fatty acids, total saturated	g	10.0000	6.5897	8.1894	81.8936	-1.4570	*
Sodium, Na	mg	800.0000	774.5489		96.8186	-25.4511	*
Potassium, K	mg	1566.0000	1945.4206		124.2286	379.4206	*
Vitamin A, RAE	mcg_RAE	300.0000	204.4479		68.1493	-95.5521	*
Vitamin C, total ascorbic acid	mg	30.0000	83.3776		277.9253	53.3776	*
Calcium, Ca	mg	400.0000	742.5378		185.6344	342.5378	*
Vitamin D	IU	5.0000	117.8373		2356.7460	112.8373	*
Thiamin	mg	0.4000	0.6130		153.2500	0.2130	*
Riboflavin	mg	0.4330	0.7934		183.2333	0.3604	*
Niacin	mg	5.3000	6.5627		123.8245	1.2627	*
Vitamin B-6	mg	0.5660	0.9805		173.2332	0.4145	*
Folate, total	mcg	133.0000	152.2545		114.4771	19.2545	*
Vitamin B-12	mcg	0.8000	3.4992		437.4000	2.6992	*
Magnesium, Mg	mg	140.0000	180.6304		129.0217	40.6304	*
Zinc, Zn	mg	3.6000	5.6976		158.2667	2.0976	*
Fiber, total dietary	g	10.0000	13.7468		137.4680	3.7468	*

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CENTRAL OFFICE
Scheduled Menu Nutrition Analysis

Site: CO CENTRAL OFFICE

Serving Period: Lunch

Menu: 2550 TMS 755-5 2011

Nutrient Table: Males 70+ DRI/RDA

Age Group: Male 70+ RDA/DRI

Serving Period: Lunch

NOTE: USDA nutrient standards are calculated as 1/3 of DRI/RDA for Lunch.

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Energy	kcal	685.0000	676.6504		98.7811	-8.3496	*
Protein	g	19.0000	38.3930	22.6959	202.0684	19.3930	*
Carbohydrate, by difference	g	95.0000	89.5244	52.9221	94.2362	-5.4756	*
Total lipid (fat)	g	30.0000	21.4435	28.5216	95.0720	-1.1115	*
Fatty acids, total saturated	g	10.0000	6.0362	8.0286	80.2864	-1.4821	*
Sodium, Na	mg	800.0000	760.6598		95.0825	-39.3402	*
Potassium, K	mg	1566.0000	1571.7612		100.3679	5.7612	*
Vitamin A, RAE	mcg_RAE	300.0000	368.0581		122.6860	68.0581	*
Vitamin C, total ascorbic acid	mg	30.0000	91.3827		304.6090	61.3827	*
Calcium, Ca	mg	400.0000	882.0621		220.5155	482.0621	*
Vitamin D	IU	5.0000	225.4724		4509.4480	220.4724	*
Thiamin	mg	0.4000	0.3181		79.5250	-0.0819	*
Riboflavin	mg	0.4330	0.9124		210.7159	0.4794	*
Niacin	mg	5.3000	3.2987		62.2396	-2.0013	*
Vitamin B-6	mg	0.5660	0.8479		149.8057	0.2819	*
Folate, total	mcg	133.0000	162.9415		122.5124	29.9415	*
Vitamin B-12	mcg	0.8000	2.3126		289.0750	1.5126	*
Magnesium, Mg	mg	140.0000	140.9096		100.6497	0.9096	*
Zinc, Zn	mg	3.6000	4.0310		111.9722	0.4310	*
Fiber, total dietary	g	10.0000	11.2989		112.9890	1.2989	*

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CENTRAL OFFICE

Scheduled Menu Nutrition Analysis

Food Services, Inc.

Site: CO CENTRAL OFFICE

Serving Period: Lunch

Menu: 2552 TMS 755-6 2011

Nutrient Table: Males 70+ DRI/RDA

Age Group: Male 70+ RDA/DRI

Serving Period: Lunch

NOTE: USDA nutrient standards are calculated as 1/3 of DRI/RDA for Lunch.

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Energy	kcal	685.0000	676.0851		98.6986	-8.9149	*
Protein	g	19.0000	32.8937	19.4613	173.1247	13.8937	*
Carbohydrate, by difference	g	95.0000	90.5642	53.5815	95.3307	-4.4358	*
Total lipid (fat)	g	30.0000	20.2871	27.0061	90.0202	-2.2491	*
Fatty acids, total saturated	g	10.0000	4.9638	6.6078	66.0778	-2.5483	*
Sodium, Na	mg	800.0000	708.4953		88.5619	-91.5047	*
Potassium, K	mg	1566.0000	1503.8596		96.0319	-62.1404	*
Vitamin A, RAE	mcg_RAE	300.0000	816.1195		272.0398	516.1195	*
Vitamin C, total ascorbic acid	mg	30.0000	160.9867		536.6223	130.9867	*
Calcium, Ca	mg	400.0000	579.4636		144.8659	179.4636	*
Vitamin D	IU	5.0000	117.5661		2351.3220	112.5661	*
Thiamin	mg	0.4000	0.4943		123.5750	0.0943	*
Riboflavin	mg	0.4330	0.6989		161.4088	0.2659	*
Niacin	mg	5.3000	6.7895		128.1038	1.4895	*
Vitamin B-6	mg	0.5660	0.7003		123.7279	0.1343	*
Folate, total	mcg	133.0000	207.5017		156.0163	74.5017	*
Vitamin B-12	mcg	0.8000	2.2760		284.5000	1.4760	*
Magnesium, Mg	mg	140.0000	119.4131		85.2951	-20.5869	*
Zinc, Zn	mg	3.6000	4.1900		116.3889	0.5900	*
Fiber, total dietary	g	10.0000	9.7121		97.1210	-0.2879	*

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CENTRAL OFFICE

Scheduled Menu Nutrition Analysis

FOOD SERVICES, INC.

Site: CO CENTRAL OFFICE

Serving Period: Lunch

Menu: 2554 TMS 755-7 2011

Nutrient Table: Males 70+ DRI/RDA

Age Group: Male 70+ RDA/DRI

Serving Period: Lunch

NOTE: USDA nutrient standards are calculated as 1/3 of DRI/RDA for Lunch.

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Energy	kcal	685.0000	776.7898		113.4000	91.7898	*
Protein	g	19.0000	46.0909	23.7340	242.5837	27.0909	*
Carbohydrate, by difference	g	95.0000	96.4250	49.6531	101.5000	1.4250	*
Total lipid (fat)	g	30.0000	21.8873	25.3589	84.5298	-4.0057	*
Fatty acids, total saturated	g	10.0000	5.5414	6.4203	64.2035	-3.0896	*
Sodium, Na	mg	800.0000	642.4558		80.3070	-157.5442	*
Potassium, K	mg	1566.0000	1317.4954		84.1313	-248.5046	*
Vitamin A, RAE	mcg_RAE	300.0000	391.1822		130.3941	91.1822	*
Vitamin C, total ascorbic acid	mg	30.0000	102.1572		340.5240	72.1572	*
Calcium, Ca	mg	400.0000	757.1897		189.2974	357.1897	*
Vitamin D	IU	5.0000	111.3015		2226.0300	106.3015	*
Thiamin	mg	0.4000	0.4997		124.9250	0.0997	*
Riboflavin	mg	0.4330	0.6849		158.1755	0.2519	*
Niacin	mg	5.3000	8.4279		159.0170	3.1279	*
Vitamin B-6	mg	0.5660	0.9321		164.6820	0.3661	*
Folate, total	mcg	133.0000	145.3044		109.2514	12.3044	*
Vitamin B-12	mcg	0.8000	1.7393		217.4125	0.9393	*
Magnesium, Mg	mg	140.0000	162.7790		116.2707	22.7790	*
Zinc, Zn	mg	3.6000	4.3252		120.1444	0.7252	*
Fiber, total dietary	g	10.0000	11.8974		118.9740	1.8974	*

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