



Nourishment. *Delivered.*

## Mini-Wheats® Cereal

Mini-Wheats® Cereal with peanut butter, wheat crackers, nonfat dry milk, and a Kashi® bar.

*Nutritious, shelf stable meal in minutes, with minimal preparation needed.*



### NUTRITION INFORMATION

<b>Serving Size:</b> 1 meal (151g)	<b>Trans Fat:</b> 0g
<b>Amount per serving:</b> 1	<b>Cholesterol:</b> 6mg
<b>Calories:</b> 626	<b>Sodium:</b> 455mg
<b>Calories from Fat:</b> 207	<b>Total Carbohydrate:</b> 88g
<b>Total Fat:</b> 23g	<b>Dietary Fiber:</b> 12g
<b>Saturated Fat:</b> 4g	<b>Protein:</b> 28g

Exclusively provided by



**Allergens\*:** Contains wheat, peanuts, tree nuts, soy, milk

### SPECIFICATIONS

**Product Code:** SS13152  
**UPC:** 735108411525  
**Units per Case:** 12  
**Cases per Pallet:** 48  
**Gross Case Weight:** 9lb  
**Net Case Weight:** 7lb  
**Unit Weight:** .58lb  
**Dimensions:** 17 1/4"L x 13 1/2"W x 9 1/4"H  
**Pallet:**  
**Tiers:** 8 **High:** 6



### PREP INSTRUCTIONS

Prepackaged in easy-to-open containers, these meals are convenient to have on hand.

**Storage:** No refrigeration required.

**Microwave:** Follow heating instruction on container (when applicable). Use care when removing from microwave as contents will be hot.

**NOTE:** Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food

## Ingredients

Ingredients: MINI-WHEATS® CEREAL: Whole grain wheat, sugar, reduced iron, niacinamide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), zinc oxide, folic acid, vitamin B12. Contains 2% or less of brown rice syrup, gelatin. PEANUT BUTTER: Roasted peanuts, sugar, hydrogenated vegetable oil (rapeseed, cottonseed and/or soybean oils, salt). WHEAT CRACKERS: Unbleached enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate {vitamin B1}, riboflavin {vitamin B2}, folic acid), soybean oil, defatted wheat germ, stone ground whole wheat flour, canola and/or palm oil, sugar, toasted hulled sesame seeds, salt, leavening (baking soda, calcium phosphate), honey, wheat gluten (a protein), corn syrup, malted barley syrup, soy lecithin (emulsifier), caramel color. KASHI® BAR: Rolled whole grain blend (hard red wheat, oats, rye, triticale, barley), roasted salted whole almonds, brown rice syrup, soy protein isolate, soy grits, dried cane syrup, chicory root fiber, whole flax seeds, cane syrup, rice starch, corn flour, honey, expeller pressed canola oil, vegetable glycerin, oat fiber, natural flavors, evaporated salt, Kashi seven whole grains and sesame flour (whole: oats, hard red wheat, rye, brown rice, triticale, barley, buckwheat, sesame seeds), molasses, soy lecithin, peanut flour, whey protein isolate. NONFAT DRY MILK: Fortified instant nonfat dry milk (contains calcium carbonate, vitamin A palmitate and vitamin D).

\*When precise nutritional information is important, our data is not a substitute for reading the label on the products you purchase or for contacting the manufacturer directly for additional details. Although we have made every effort to be as accurate as possible, manufacturers frequently change formulations that may not yet be reflected in our records. Continue to read product labels as we cannot guarantee the information posted here is 100% current and, as such, cannot be responsible for individual reactions. In addition, product images are for reference only and may not reflect the most current packaging.

