



Nourishment. Delivered.

SS13158

Red Beans & Rice

Red Beans and Rice with cranberry juice, whole wheat tortilla, mixed fruit cup, peanuts, Nature Valley® granola bar and nonfat dry milk.

Nutritious, shelf stable meal in minutes, with minimal preparation needed.



NUTRITION INFORMATION

| | |
|------------------------------------|---------------------------------|
| Serving Size: 1 meal (561g) | Trans Fat: 0g |
| Amount per serving: 1 | Cholesterol: 6mg |
| Calories: 633 | Sodium: 872mg |
| Calories from Fat: 45 | Total Carbohydrate: 124g |
| Total Fat: 5g | Dietary Fiber: 11g |
| Saturated Fat: <1g | Protein: 29g |

Exclusively provided by



Allergens*: Contains soy, wheat, peanuts, tree nuts, milk

SPECIFICATIONS

Product Code: SS13158
UPC: 735108411587
Units per Case: 12
Cases per Pallet: 48
Gross Case Weight: 16lb
Net Case Weight: 14lb
Unit Weight: 1.2lb
Dimensions: 17 1/4"L x 13 1/2"W x 9 1/4"H
Pallet:
Tiers: 8 **High:** 6



PREP INSTRUCTIONS

Prepackaged in easy-to-open containers, these meals are convenient to have on hand.

Storage: No refrigeration required.

Microwave: Follow heating instruction on container (when applicable). Use care when removing from microwave as contents will be hot.

NOTE: Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food

Ingredients

Ingredients: RED BEANS AND RICE: Water, red beans, enriched long grain parboiled rice (rice, ferric phosphate, niacin, thiamine mononitrate, folic acid), soy protein concentrate, Chef Paul Prudhomme's Magic Seasoning Blends® (brown sugar, dehydrated garlic, spices, salt, parsley flakes, paprika, natural smoke flavor, dehydrated onion), dehydrated onion, dehydrated red bell pepper, dehydrated green bell pepper, soy oil, salt. NATURE VALLEY® GRANOLA BAR: Whole grain oats, sugar, canola oil, yellow corn flour, honey, soy flour, brown sugar syrup, salt, soy lecithin, baking soda, natural flavor. WHOLE WHEAT TORTILLA: Enriched bleached wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, vegetable shortening (interesterified soybean oil, hydrogenated soybean oil), glycerin, salt, contains 2% or less of the following: leavening (corn starch, sodium bicarbonate, sodium aluminum sulfate, monocalcium phosphate, calcium sulfate), mono- and diglycerides, wheat flour, guar gum, soybean oil, enzyme, dough conditioners (fumaric acid, l-cysteine), preservatives (calcium propionate, sorbic acid). MIXED FRUIT CUP: Fruit (peaches, pears, pineapple), peach juice, pear juice, natural flavor, ascorbic acid (vitamin C), citric acid. CRANBERRY JUICE: Pure filtered water, high fructose corn syrup, concentrated pear juice, natural flavors, citric acid, calcium citrate, concentrated cranberry juice, ascorbic acid (vitamin C). NONFAT DRY MILK: Fortified instant nonfat dry milk (contains calcium carbonate, vitamin A palmitate and vitamin D).

*When precise nutritional information is important, our data is not a substitute for reading the label on the products you purchase or for contacting the manufacturer directly for additional details. Although we have made every effort to be as accurate as possible, manufacturers frequently change formulations that may not yet be reflected in our records. Continue to read product labels as we cannot guarantee the information posted here is 100% current and, as such, cannot be responsible for individual reactions. In addition, product images are for reference only and may not reflect the most current packaging.

