



Nourishment. *Delivered.*

SS13160

Beef Stew

Beef stew with wheat crackers, peanuts, applesauce, nonfat dry milk, and a Nature Valley® granola bar.

Nutritious, shelf stable meal in minutes, with minimal preparation needed.



NUTRITION INFORMATION

Serving Size: 1 meal (444g)	Trans Fat: 0g
Amount per serving: 1	Cholesterol: 31mg
Calories: 673	Sodium: 839mg
Calories from Fat: 207	Total Carbohydrate: 90g
Total Fat: 23g	Dietary Fiber: 9g
Saturated Fat: 7g	Protein: 30g

Exclusively provided by



Allergens*: Contains soy, wheat, peanuts, tree nuts, milk

SPECIFICATIONS

Product Code: SS13160
UPC: 735108411600
Units per Case: 12
Cases per Pallet: 48
Gross Case Weight: 15lb
Net Case Weight: 13lb
Unit Weight: 1.1lb
Dimensions: 17 1/4"L x 13 1/2"W x 9 1/4"H
Pallet:
Tiers: 8 **High:** 6



PREP INSTRUCTIONS

Prepackaged in easy-to-open containers, these meals are convenient to have on hand.

Storage: No refrigeration required.

Microwave: Follow heating instruction on container (when applicable). Use care when removing from microwave as contents will be hot.

NOTE: Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food

Ingredients

Ingredients: BEEF STEW: Water, cooked beef, carrots, potatoes, corn, peas, modified food starch, corn flour, tomato paste, beef broth (cooked beef with beef broth, salt, hydrolyzed corn and soy protein, yeast, maltodextrin, caramel color, sugar, flavorings, lactic acid, disodium inosinate, disodium guanylate), sugar, salt, onion powder, garlic powder, caramel powder. WHEAT CRACKERS: Unbleached enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate {vitamin B1}, riboflavin {vitamin B2}, folic acid), soybean oil, defatted wheat germ, stone ground whole wheat flour, canola and/or palm oil, sugar, toasted hulled sesame seeds, salt, leavening (baking soda, calcium phosphate), honey, wheat gluten (a protein), corn syrup, malted barley syrup, soy lecithin (emulsifier), caramel color. PEANUTS: Peanuts roasted in peanut and/or canola oil, salt. APPLESAUCE: Apples, water, apple juice concentrate, ascorbic acid (vitamin C). NATURE VALLEY® GRANOLA BAR: Whole grain oats, sugar, canola oil, yellow corn flour, honey, soy flour, brown sugar syrup, salt, soy lecithin, baking soda, natural flavor. NONFAT DRY MILK: Fortified instant nonfat dry milk (contains calcium carbonate, vitamin A palmitate and vitamin D).

*When precise nutritional information is important, our data is not a substitute for reading the label on the products you purchase or for contacting the manufacturer directly for additional details. Although we have made every effort to be as accurate as possible, manufacturers frequently change formulations that may not yet be reflected in our records. Continue to read product labels as we cannot guarantee the information posted here is 100% current and, as such, cannot be responsible for individual reactions. In addition, product images are for reference only and may not reflect the most current packaging.

